

SPORTS & FITNESS

B SECTION

On Post

Basketball, Cheerleading
Youth basketball and cheerleading registration is now underway, and ends Dec. 3 or when teams are full.

Register for teams Monday through Friday from 8 a.m. to 6 p.m. at Child and Youth Services, Building 443.

Registration is open and free to CYS members. Basketball is open to ages 5 through 18, and cheerleading is open to ages 6 through 13.

Uniforms will be provided by CYS.

Newman Consultations

The Newman Physical Fitness Center now offers free personal training consultations. Consultations consist of health screenings, exercise prescription and nutritional counseling.

For more information, call 767-2771.

Tae Kwon Do Classes

Tae Kwon Do will be offered at the Hunter ACS building Tuesdays and Thursdays from 6 p.m. to 7 p.m.

Sports USA Events

Weekly events — Monday Night Football, 4 p.m., Thirsty Thursdays drink specials, 4 p.m. to 12 a.m. Friday, Top 40/R&B DJ, 9 p.m. to 3 a.m. Saturday College football and NASCAR, open to 4 a.m., Sunday Ticket Football, NASCAR.

Pilates

Pilates classes are held Monday, Wednesday and Friday in the Palmetto Room at Club Stewart, from 6 to 7:15 p.m. Cost is \$45 per month. Sign up prior to 6 p.m. For more information call Jake at 767-3033.

Basketball

Intramural basketball season starts Dec. 6. Units should submit a memo to the Fort Stewart Sports Office Bldg. 471, and Hunter to Bldg. 925.

For more information call 767-8238 or 352-6749.

Bowling

Bowl for \$1 and get shoes for \$.75 on Fridays, 11 a.m. to 6 p.m. Bowl for \$1.25 and \$1 for shoes Sunday, Family Day, all day at Marne Lanes Bowling Center.

Ju-Jitsu Classes

Caro Fitness Center is holding 1 1/2 hour Ju-Jitsu classes Tuesday and Thursday at 6 p.m. weekly.

The cost is \$45 per student and to schedule a class call 767-7090.

Special Olympic Games

Volunteers are needed for the 2004 Winter games at Marne and Stewart Lanes, Dec. 3. Any assistance is welcome and rewarding.

Off Post

PT Alert

Units can schedule a PT session with a YMCA aerobics or kick boxing instructor at either Fort Stewart or our Hinesville facility.

There is no charge for this service.

If you're interested in having your sports articles, commentaries or briefs posted in The Frontline, call 767-3440, or fax at 767-9366. Deadline is noon on Fridays.

A look to the future ...



MWR graphic

An artist's rendition of the entrance of the new Hunter Army Airfield fitness center. Construction is scheduled to begin in February 2005.

High-tech fitness center slated for Hunter Soldiers

Nancy Gould

DMWR

Physical training and fitness are top priorities for Soldier at Fort Stewart and Hunter Army Airfield. "Green Berets," with the Army's Special Forces at Hunter, are just one of the Army's premier fighting forces who are housed there. Soldiers train daily to maintain the top physical condition necessary for them to perform tough missions around the world in the most adverse conditions.

In fiscal year 2006, Soldiers at Hunter will get the high-tech fitness center to train in that they deserve.

Groundbreaking and construction of the

Hunter Fitness Center Complex (managed by MWR, the Directorate of Morale, Welfare and Recreation), is scheduled for February 2005, and will take approximately one year to complete.

The \$15.5 million facility will span 70,000 square feet and will rival other Army fitness centers worldwide. It replaces the 48-year old gym now used by Soldier, dependents, retirees and Department of Defense personnel.

"This complex really is a first-rate state-of-the-art facility," said Larry Cutchens, MWR recreation chief. "It increases the quality of life for Soldier and their families and it brings our fitness program up to Army standards."

Cutchens added that the complex is large

enough to support a variety of fitness activities for Soldier and others in the Hunter community who are eligible to use the facility. Aviation and Ranger personnel can take survival water training and drown proofing in the pool instead of going off site.

The fitness facility includes two basketball courts, a 25-meter pool, a free-weight room, a selectorized weight machine, a cardio-vascular area, racquetball courts, a climbing wall, and locker rooms with shower facilities. It also include an aerobic room and an administrative area. Three ball fields will be co-located together in a "cloverleaf complex" across

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1st Turkey Trot big success for 2/3 Avn.

Sgt. R. James Piper

Editor

The first Hunter Turkey Trot pitted 48 runners against each other in a five-kilometer race at Hunter Army Airfield Saturday.

Colorado-native Humberto Zelaya III took first place overall with a time of 15 minutes and 33 seconds.

Zelaya who was visiting for the weekend said he was looking for a race to run in while here.

"It's good to get down to sea level and run a race," he said. "I average about 20 races a year, mostly in Colorado."

Zelaya is currently training for

his first marathon and runs about 40 to 50 miles a week while training.

The 2nd and 3rd place winners were Alex Totten-Lancaster, 16:03, and Michael Chilly, 17:58.

The top three female runners were Emily Brzozowski, 18:50; Britta Swanson, 21:33, and Liz Cole, 22:25.

The first-place winners in the male and female categories received turkeys for first place to tie in with holiday theme.

Event Organizer 1st Lt. Allison Flanagan said they had a great turn out and hopefully in future events the turn out will grow. She said she was

shooting for 50 runners and had 48 participate.

"It was a good race with a well-marked course," Zelaya said.

The event was sponsored by 2nd Battalion, 3rd Aviation Regiment as a way to raise money for their family readiness group.

"The money will be used for our battalion Christmas party before the big deployment, Flanagan said.

FRG members and Soldiers from the unit volunteered to help set up and run the event.

"We had a lot of help, and I want to thank everyone for their support," Flanagan said.



Sgt. R. James Piper

Emily Brzozowski, 1st-place female runner, claims her prize.

Schumacher sets season record, up for driver of year

Chris Dorato

Army News Service

POMONA, Calif. — U.S. Army Top Fuel driver Tony "The Sarge" Schumacher captured the Auto Club of Southern California Finals Nov. 14 at Pomona Raceway and in the process set the Top Fuel single-season win record.

In Pomona's Pro Stock Bike final, the Army's Angelle Savoie took first place, beating teammate Antron Brown who came in second.

Schumacher, who came into the season finale having already clinched the 2004 NHRA POWERade Top Fuel world championship, was looking to set the new mark for most Top Fuel wins in a single season: 10. He did. And he's also in the running now for Speed Channel's Driver of the Year award for the fourth quarter. Fans can vote for Schumacher at www.speedtv.com.

Other nominated drivers include

NASCAR's Dale Earnhardt Jr. and Jimmie Johnson, along with Sebastien Bourdais of Champ Cars and Tony Kanaan of the Indy Racing League.

The award for this quarter will be determined by an 18-member panel of blue-ribbon auto racing journalists and one vote based on the cumulative tally of fans' voting, said Barry Schmoyer of the Speed Channel.

The panelists will have their quarterly vote Nov. 24, and Schmoyer said the fan vote will close soon after.

In Pomona, Schumacher ran off a string of sub-4.50 second passes in the opening

three rounds to beat John Smith, David Grubnic and David Baca before leveling Morgan Lucas in the finals for the event win.

"Mission accomplished," said an elated Schumacher afterward. "What a way to end the season. Once again, this is an example of just how good this U.S. Army team is. We wanted this record in the worst way. We just went out and took it. We wouldn't be denied."

It was the 13th final for Schumacher in 23 races this season. It was also his 21st win in 44 career final rounds.

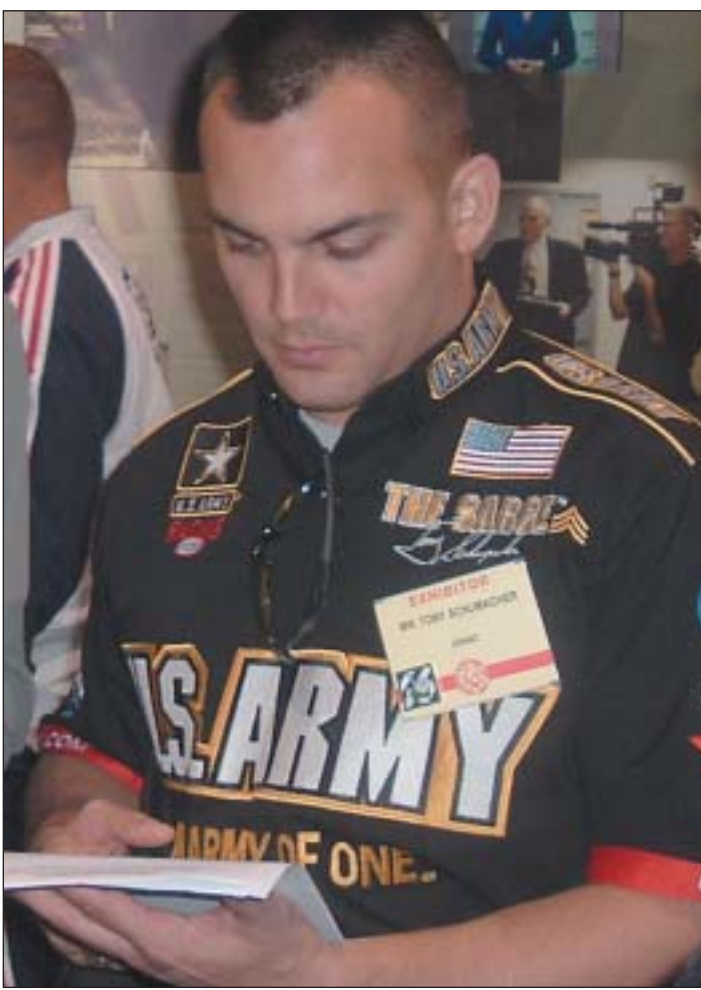
"This was such an unbelievable year," he added. "You couldn't have drawn this up any better than it played out. Obviously, we're already looking forward to 2005."

In the Pro Stock Bike competition, Savoie and Brown staged a final-round duel for the third time this year. And for the third time Savoie was victorious.

"I guess I have Antron's number or something," said Savoie after posting a blistering 7.036-second pass at 188.04 mph in the finals. "I'm just so happy for the team and the U.S. Army. We've had quite a season, overall, and this was a fine way to finish it out."

With her 35th career victory, Savoie moved around Brown in the final Pro Stock Bike standings to finish second. She recorded the most wins (four) in the Pro Stock Bike class for the season.

"Angelle deserved this win," said Brown. "I feel the same way as she does. This was such a terrific year for our team. I'm definitely looking forward to next year."



Maj. Dean Thurmond

Tony "the Sarge" Schumacher examines a document while taking a break from greeting fans at the Association of the U.S. Army annual meeting Oct. 26.

Stars added to Army All-American Bowl lineup

Master Sgt. Jack Braden
ARMY NEWS SERVICE

SAN ANTONIO, Texas — Deep in the heart of Texas will shine some bright stars during the week of the U.S. Army All-American Bowl in January.

Nashville recording artist Darryl Worley was named the pre-game performer and he will also give a special post-game concert. Former NFL quarterback and broadcast analyst Pat Haden was announced as the emcee for that event.

This year's game will be telecast live to a national audience on NBC Jan. 15.

For the fourth consecutive year, San Antonio serves as host city for the biggest weekend in high school football showcasing tomorrow's college and NFL stars today. The game features the nation's top 78 high school players in a classic

East vs. West match-up.

Darryl Worley is best known for his post-9/11 song "Have You Forgotten?" The 6-foot, 6-inch Tennessee native just released his fifth album simply titled "Darryl Worley."

The U.S. Army Accessions Command, or USAAC, headquartered at Fort Monroe, Va., hosts the event. USAAC is charged with overseeing recruiting and training of both enlisted Soldiers and officers for the Army.

The U.S. Army and SportsLink announced that Texas natives and chart-topping Sony recording artists Los Lonely Boys would be the 2005 All-American Bowl half-time entertainment. Also announced was former NFL great Barry Sanders as the U.S. Army All-American Bowl Awards Dinner keynote speaker.

Los Lonely Boys follow up a performance given last year by Grammy Award-winning artist

Alicia Keys. The Boys toured extensively on the heels of their breakthrough debut album. Their single "Heaven" reached No. 1 on Billboard Adult Contemporary chart as well as No.1 on Country Music Television.

Barry Sanders won the Heisman Trophy in 1988 while playing for Oklahoma State University before embarking on a 10-year career with the Detroit Lions. Sanders was the first running back to rush for 1,000 yards nine years consecutively (1989-1997). He retired in 1999 even though the all-time rushing record was well within his reach.

The All-American Bowl Awards Dinner is the venue in which the National High School Player of the Year and the two "Army of One" Award honorees are announced. Also announced at the event are the Speed and Strength Athlete of the Year as well as the Coach

of the Year. This year's event is already sold out.

Prior speakers at the Awards Dinner include former Buffalo Bills quarterback and NFL Hall of Famer Jim Kelly, former Denver Broncos All-Pro running back and Super Bowl MVP Terrell Davis, and retired Lt. Gen. Hal Moore, author of "We Were Soldiers Once ... And Young."

USAAC is composed of the U.S. Army Recruiting Command at Fort Knox, Ky., the U.S. Army Cadet Command at Fort Monroe, Va., and the U.S. Army Training Center at Fort Jackson, S.C.

The U.S. Army All-American Bowl is produced by SportsLink, Inc., a sports marketing company based in the New York/New Jersey metropolitan area that specializes in managing and producing event properties.

For more information on the All-American Bowl, visit: www.hs-all-stars.com.



Master Sgt. Jack Braden
1st Sgt. Leroy Walker Jr. "high fives" a member of the East squad during pre-game activities at the 2004 All-American Bowl Jan. 5 in San Antonio.

FITNESS

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the street from the fitness center and will replace the old complex currently positioned by the Ranger barracks. The new cloverleaf complex features outdoor lighting, quality turf, score boards, rest rooms and other special amenities.

"Hunter's Fitness Complex is bigger than Newman Fitness Center at Fort Stewart," Cutchens said about MWR's largest fitness center built in 1982, which has a pool. "Now Hunter can host swimming competitions, power lifting competitions, racquetball tournaments and other competitive events for Soldier. And there will be a lot more room to accommodate those who come to watch."

The fitness complex design uses new environmental enhancements, according to Jim Thomas, the Directorate of Public Works project manager over the major construc-

tion of the Army fitness center project.

Thomas attends monthly meetings and works closely with Corps of Engineers representatives, who designed the facility, to ensure that MWR gets the value and quality it wants.

Some of the project's environmental enhancements include pool heaters and sensitive lighting that uses minimal electrical power. The project's landscape design supports force protection requirements with low plant coverage that keeps the building exterior visible and safe.

Thomas said a new feature of design-build contracts, such as the one used for the fitness center, is the contractor's five-year maintenance agreement. "The contractor maintains all major systems in the facility for five years

after it's built," Thomas said, adding that those systems include upkeep on the pool, all electrical systems, basketball courts and other systems.

"This is a nice perk," Thomas said "It ensures ownership on the contractor's part. It gives him extra incentive to build a quality product and it allows him the time to work problems out. Best of all, it ensures the integrity of his work without expense to us."

That maintenance expense is high for the old Hunter gym, according to Cutchens. Besides the economic value of the new center, the new facility will help strengthen unit morale and self worth for Soldier. It will also promote a "fit to win" attitude for everyone who uses it.